



# Enjoy Your Stay in Marin County!

## Orientation

Nestled among California's golden hills, Marin Waldorf School is located in the Marinwood neighborhood of San Rafael. Approximately 35 miles north of San Francisco, MWS is conveniently located off Highway 101 at the Lucas Valley Road exit. The campus enjoys a mild year-round climate, and summer temperatures tend to be in the 80's and 90's. Plan to dress in layers as mornings and evenings can be cool and windy, while afternoons very warm.

The physical address is: Marin Waldorf School, 755 Idylberry Road | San Rafael, CA 94903

### Directions:

**From San Francisco:** Take Highway 101 North to the Lucas Valley Road exit. Turn left from the off-ramp on to Lucas Valley Road and drive into Marinwood. Turn right on to Miller Creek Blvd and then left onto Idylberry Road. Our school is one and a half blocks down on the left.

**From Novato North:** Take Highway 101 South and exit on Lucas Valley Road. Turn left on Lucas Valley Road and follow the directions above.

**From the East Bay:** Take 580 West towards San Rafael. Merge on to Highway 101 north and follow the directions above.

## Accommodations

We recommend finding an Airbnb or another house rental near the Marin Waldorf School campus. Anything in San Rafael or Novato is within 20 minutes or less to the Marin Waldorf School. Traffic usually adds time if you are driving south, so those who stay outside of San Rafael might need to account for rush hour.

Please note that this is a primarily residential neighborhood, so a car would be recommended in order to go to local grocery stores and restaurants (see suggestions below).

Otherwise, here are a couple hotel recommendations in the area:

**Four Points by Sheraton** (a short drive to campus) – 1010 Northgate Dr., San Rafael | (415) 479-8800 | <https://www.marriott.com/hotels/travel/sfofr-four-points-san-rafael-marin-county>

**Inn Marin** (one exit north on 101 in Novato; less than 10 min away from campus) – 250 Entrada Dr., Novato | (415) 883-5952 | <https://www.innmarin.com>

## Phones

There are no public phones on campus and, unfortunately, there is not good cell phone reception. Messages can be left for you at our summer office: (415) 479-4400

## Emergency Services

**Greenbrae: Marin General Hospital** (general medical, 24-hour emergency) – 250 Bon Air Rd., (415) 925-7000 | [www.marinhhs.org/community-resource-guide/marin-general-hospital](http://www.marinhhs.org/community-resource-guide/marin-general-hospital)

**San Rafael: Kaiser Foundation Hospital** (general medical, 24-hour emergency) – 99 Monticello Rd., (415) 444-2000 | [www.kaiserpermanente.org](http://www.kaiserpermanente.org)

**Novato: Novato Community Hospital** (general medical, urgent care) – 180 Rowland Way, (415) 209-1300 | [www.novatocommunity.org](http://www.novatocommunity.org)

**Dr. Jennifer Schmitt** (naturopath and Anthroposophical doctor) – (510) 222-8500 | [www.threefoldmed.com](http://www.threefoldmed.com)

## Food

### *Farmers Markets*

There are many farmers markets throughout Marin County that sell locally grown and organic produce, eggs, cheese, fish, etc. Below is a partial list:

**Marinwood Community Farmers Market** – Saturdays: 9am-2pm, Marinwood Plaza (101 Marinwood Ave.)

**Novato Farmers Market** – Tuesdays: 4-8pm, Downtown Novato (Grant Avenue)

**Marin Farmers Market** – Sundays: 8am-1pm, Parking Lot behind Marin Civic Center

**Marin County Mart Farmers Market** – Saturdays: 9am-2pm, Larkspur Landing Circle

**Downtown San Rafael Farmers Market** – Thursdays: 6-9pm, Downtown San Rafael, (4<sup>th</sup> St., between Lincoln & B St.)

### *Grocery Stores*

**Marinwood Market** – 155 Marinwood Ave., San Rafael | (415) 491-1965, 7am-8pm daily

**Scotty's Market** – 620 Manuel T. Freitas Pkwy, San Rafael | (415) 479-2363, 7am-9pm daily

**Trader Joe's** – 337 3<sup>rd</sup> St., San Rafael. (415) 454-9530 | 8am-9pm daily

**Whole Foods Market** – 340 3<sup>rd</sup> St., San Rafael | (415) 451-6333, 8am-9pm daily

790 De Long Ave., Novato | (415) 878-0455, 8am-9pm daily

**Safeway** – 950 Las Gallinas Ave. San Rafael | (415) 479-6111, Open 24 hours

### *Restaurants*

**Big Rock Mini Mart & Deli** – 1500 Lucas Valley Rd., San Rafael | (415) 491-0547 (1.7 miles)

**LJ's Deli** – 4380 Redwood Hwy. B15, San Rafael | (415) 479-8081 (2.2 miles)

**Mulberry Street Pizzeria** – 101 Smith Ranch Rd., San Rafael | (415) 472-7272 (1.8 miles)

**Redwood Café** – 175 Paul Dr., San Rafael | (415) 479-8989 (1.8 miles)

**Sakura Sushi** – 100 Smith Ranch Rd., San Rafael | (415) 785-8151 (1.9 miles)

**Sol Food** – 901 Lincoln Ave., San Rafael | (415) 451-4765 (5.3 miles)

**Sonoma Taco Shop** – 210 Northgate One, San Rafael | (415) 479-9066 (2.3 miles)

**Smith Ranch Deli & Market** – 101 Smith Ranch Rd., San Rafael | (415) 526-2188 (1.8 miles)